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Ernest Rutherford

"In science there is only physics; all the rest is stamp collecting"

Responsible for naming alpha, beta and gamma 'particles'.

Nobel Prize for Chemistry in 1908, first to split the atom in 1917.









Types of Ionizing Radiation

α particles	Identity ⁴ He++	Mass 4	
ß particles	e ⁻	0.00054	
γ rays	photon		
Protons	¹ H+	1	
X-rays	photon		
Heavy Ions		>1	

>99% of the energy deposited by all these types of radiation is by interactions of secondary electrons with matter.

Time Scale (in seconds) of Radiation Action

10 ⁻¹⁵	Radiation energy is deposited, and ionizations occur
10 ⁻¹²	ionizations occur
10-9	Primary Radical reactions
10-6	Oxygen reacts with radicals
10 -3	Permanent products are formed
100	Cell begins to respond biochemically
10 ³	Enzymatic repair Mutation/transformation occur
10 ⁶	Cell death scored
	Cancer appearance

Ways of Determining Radiation Damage to Cells

 In vitro Model compounds irradiated in solution or alone

In vivo Irradiation of living cells

 In silico Computer Models of "biophysical" processes

Biophysical models

Do not take into account important variables, e.g.

Effects of oxygen

Presence of <u>sensitizers or protectors</u>

Identities of radiation products

Amounts of each type of damage

Response of cells to the damage

Effects of cell cycle

Genetic differences between cells

Conclusion: These models are very limited in their ability to predict any effects of variables.

Time Scale (in seconds) of Radiation Action

10 ⁻¹⁵	Radiation energy is deposited lonizations occur
10-2	
10 ⁻⁹	Radical reactions
10 ⁻⁶	Oxygen reacts with radicals
10 ⁻³	Permanent products are formed
10 ⁰	Cell begins to respond biochemically
103	Enzymatic repair Mutation/transformation occur
10 ⁶	Cell death scored Cancer appearance

Sidney Brenner, Science, July 17, 1992

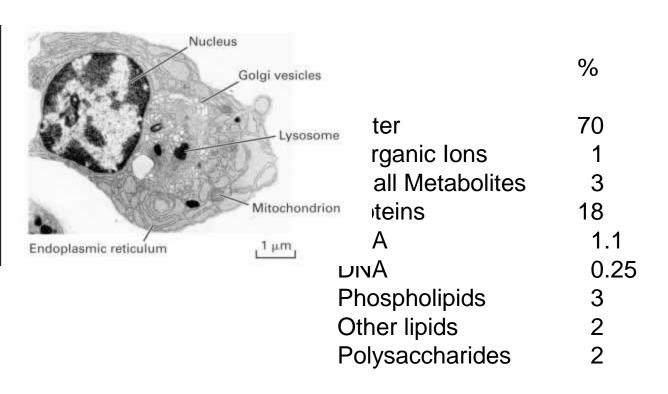
Those who prefer the airy realm of theory to the area of decisive experiment aren't necessarily doing so by choice:

I always say it's important to distinguish between chastity and impotence.

Contents of Typical Cell

From B. Alberts, Molecular Biology of a Cell, 4th Edition, Garland Press.

Cell Size 4 x 10⁻⁹ cm⁻³, Density 1.15 g/cm³ – Mass 4.6 x 10⁻⁹ g



Water Radiolysis

$$H_2O$$
 radiation \rightarrow $H_2O^+ + e^-$
(ionization) (unstable)

 $H_2O^+ + H_2O$ \rightarrow $H_3O^+ + OH$
 e^- + bulk water \rightarrow e (H_2O) $_6^-$
(hydrated electron)

Radical Damage to Intracellular Molecule (RH)

RH —ionization
$$\rightarrow$$
 RH $^+$ (1)

H $_2$ O —ionization \rightarrow H $_2$ O $^+$ \rightarrow OH * (2)

RH $^+$ \rightarrow R * + H $^+$ (3)

RH + OH * \rightarrow R * + H $_2$ O (4)

R * + O $_2$ \rightarrow RO $_2$ * (5)

R * + GSH \rightarrow RH + GS * (6)

1 and 2 occur within 10⁻¹² s.

3 and 4 in 10⁻⁹ s.

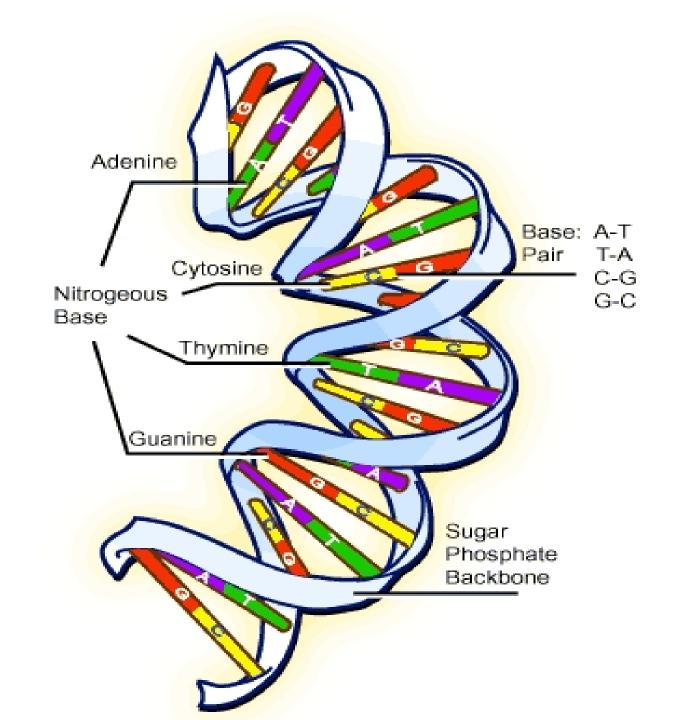
5 and 6 in 10⁻⁵ s.

Techniques used in Radiation Chemistry.

Pulse radiolysis

Electron Spin Resonance

Quantitative analysis of products



Typical Rate Constants

a. OH radicals

Liters per mole per second

DNA bases 5×10^9

deoxyribose 1.2×10^9

Amino acids – glycine 1.7 x 10⁷

tryptophan 1.3×10^{10}

Ethanol 1.3×10^9

Dimethyl sulfoxide 6.5 x 10⁹

Typical Rate Constants

b. Hydrated electrons

Liters per mole per second

Oxygen 1.3×10^{10}

DNA bases 5 x 10⁹

deoxyribose 1×10^7

Amino acids - glycine 1 x 10⁷

tryptophan 3.2 x 10⁸

cystine 1.1×10^{10}

Reactions of OH Radicals

1. Hydrogen atom abstraction

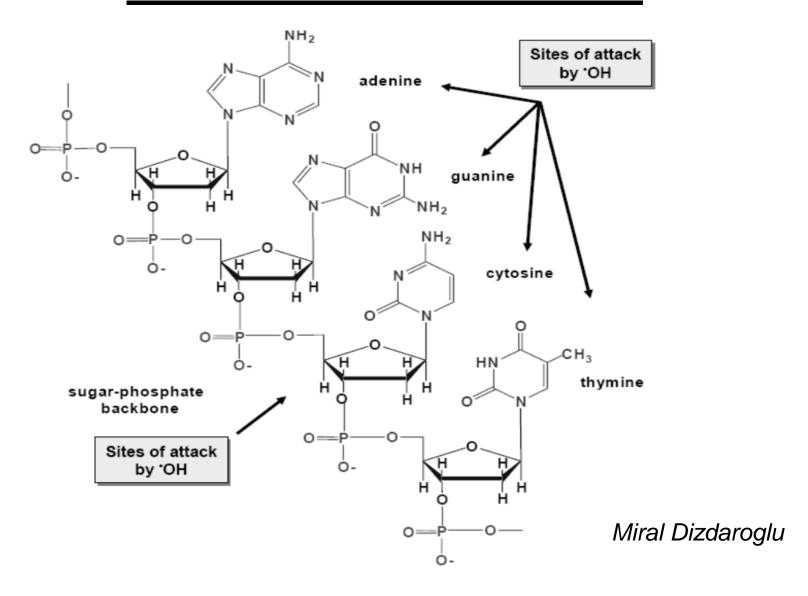
$$RH + OH \rightarrow R' + H_2O$$

2. Addition to a double bond

3. Oxidation

$$M^+$$
 + ${}^{\bullet}OH \rightarrow M^{++} + OH^-$

OH radical attack on DNA



DNA base alterations produced by **OH** Radicals

Fuciarelli et al., Int. J. Radiat. Biol <u>58</u>; 397.

Base Alteration	% of total base damage
8-hydroxyguanine	43
8-hydroxyadenine	7
Formamidopyrimidine-adenine	3
Formamidopyrimidine-guanine	6
Thymine glycol	27
Cytosine glycol	14

Also double lesions Box et al., Free Radicals Biol. Med. 31; 856.

Characteristics of Single Strand Breaks (SSB)

- Are induced by both direct ionization (35%) and OH radicals (65%).
 Roots and Okada Int. J. Radiat. Biol. <u>21</u> 329.
- 15 % of OH radicals reacting with DNA cause SSB. Scholes et al. J. Molec. Biol. 2 379.
- 30% of directly ionizing events cause SSB. Raskasovskiy et al Radiat Res. 153 436.
- A base is released at the site of each SSB. Ward and Kuo 66 485. The termini of SSB are 5' phosphates and 3' phosphoglycolates (35%) and 3' phosphates (65%). Henner et al. J.Biol. Chem. 258 713.
- 70% of SSB are overt breaks, 30% are alkali labile sites. *LaFleur et al. Int. J. Radiat.Biol.* 30 223.
- Alkali labile (abasic) sites are not the same as acid induced abasic sites. LaFleur et al. Int. J. Radiat.Biol. 35 241.
- Base damage (BD) produced by OH radicals occurs 2.6 times more frequently than single strand breaks (SSB). Milligan et al. Radiat. Res. <u>146</u> 436.

Direct Ionization of DNA

Initial events (observed at 4°K) e.g. Debije and Bernhard, J. Phys. Chem. <u>B</u> 104, 7845.

Electron loss leads to guanine cation radicals and deoxyribose radicals.

Electron gain leads to pyrimidine anion radicals.

Products, (after warming and dissolution):

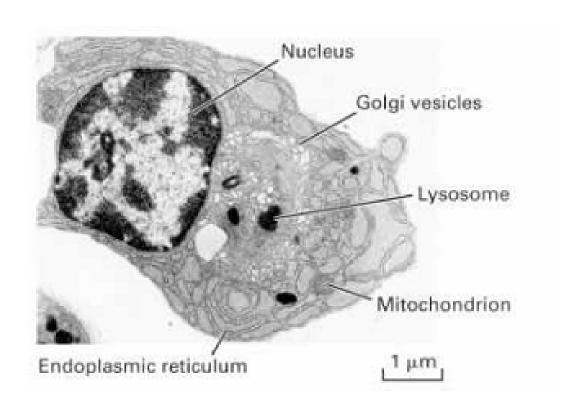
Bases, same types of alterations as those from *OH radical attack. Swarts et al. Radiat. Res. <u>145</u>, 304.

30% of directly ionizing events cause SSB. Raskasovskiy et al Radiat Res. <u>153</u>, 436.

What has been learned from in vitro radiation chemistry?

- 1. Structures of altered bases.
- 2. Strand break end-groups.
- 3. "Direct" and "Indirect" mechanisms cause the same types of damage.
- 4. Relative yields of these damages.
- 5. Reactions in which oxygen or radiation modifiers might act.

In vivo radiation chemistry



Ionizations in a Typical Cell

Cell Size 4 x 10⁻⁹ cm⁻³, Density 1.15 g/cm³ – Mass 4.64 x 10⁻⁹ g

Water	% 70	picograms 3250	Ionizations/Gray 1,000,000
Inorganic Ions	1	46	
Small Metabolites	3	139	
Proteins	18	835	260,000
RNA	1.1	51	16,000
DNA	0.25	12	3,600
Phospholipids	3	35	10,800
Other lipids	2	23	7,200
Polysaccharides	2	23	7,200

Could Damage to a Protein be Significant?

By definition: 1 Gray = I Joule per kgm. $\equiv 6.25 \times 10^{15} \text{ eV per gm}$

~ 20 eV are needed to cause an ionization.

Therefore 1 Gy causes 3.1 x 10¹⁴ ionizations per gram

Assume **Protein** X of Mol. Wt. 100,000 present in an amount of 20,000 molecules per cell.

Mass of protein per cell = $10^5 \times 2 \times 10^4 \text{ Daltons}$ = $[10^5 \times 2 \times 10^4 / 6 \times 10^{23}] \times 10^{15} \text{ femtograms}$ = 3.3 fgm

Number of ionizations in 3.3 femtograms would be 3.1 x 10^{14} x 3.3 x 10^{-1}

= <u>1</u>

So, from a dose of 1 Gray, the damage produced by direct ionization is:

1 altered site in one of the 20,000 copies of this protein

Official Système Internationale (S.I.) Prefixes

http://www.simetric.co.uk/siprefix.htm

Note: googolplex not listed!

<u>Assessment of relative contributions of Direct</u> <u>Ionization and OH Radicals in Cells</u>

Cell targets react with *OH;

$$RH + OH \rightarrow (1)$$

If a compound is added which competes with the target for *OH, the amount of damage to the target will be reduced:

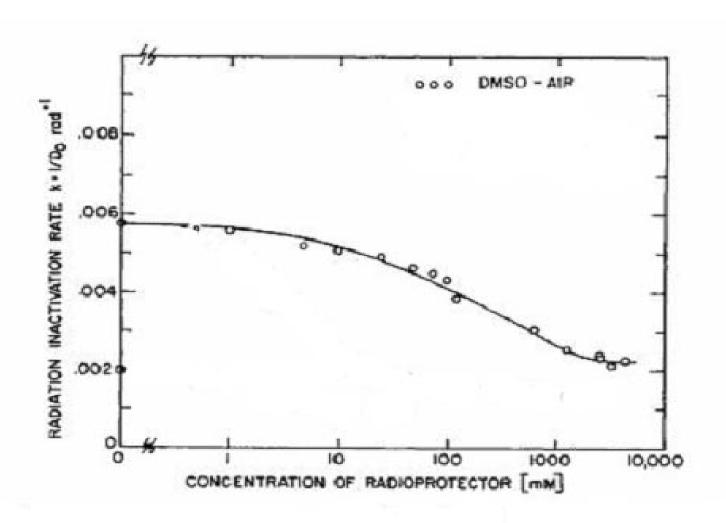
$$DMSO + OH \rightarrow (2)$$

Fraction of *OHs reacting with RH:

$$k_1[RH][OH]$$
 . $k_1[RH][OH] + k_2[DMSO][OH]$

Effect of DMSO on Chinese Hamster Cell Survival

J.D. Chapman et al. Radiat. Res. 56; 291-306.



Effect of DMSO on chromosome aberration yield

Littlefield L.G. et al. Int. J. Radiat. Biol. 53; 875-890.

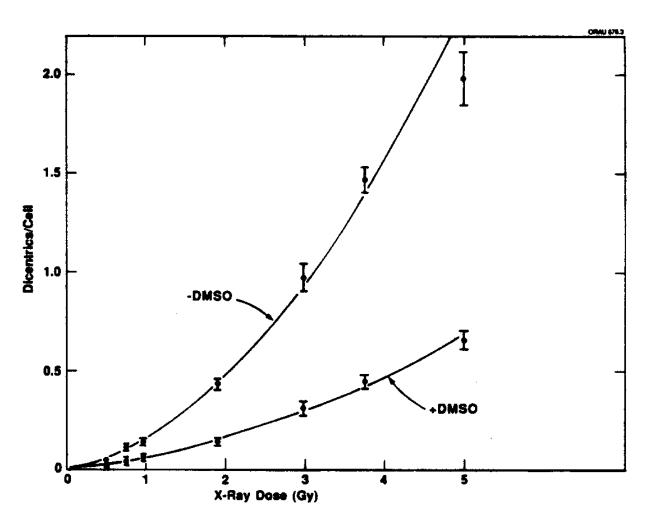


Figure 2. Dose-response relationships for dicentric induction in lymphocytes exposed to X-radiation in absence or presence of DMSO. Dicentric cell⁻¹ data fitted to linear-quadratic dose-response function.

<u>Hydroxyl Radical Scavengers Reduce Biologically</u> <u>Significant Damage</u>

1964	Bacteria	Johansen, I. and Howard-Flanders, P., Radiat. Res. 24: 184.	
1972	Mammalian Cells	ammalian Cells Roots, R. and Okada, S., Int. J. Radiat. Biol., 21; 329.	
1973		Chapman, J.D. et al., Radiat. Res. <u>56</u> ; 291.	
1979	High LET	Chapman, J.D., Radiat. Environ. Biophys. <u>16</u> ; 29.	
1984	Transformation	Yang T.C. and Tobias, C.A., Adv. Space Res. 4; 207.	
1987	Mutations	Corn B.W. et al., Radiat. Res. <u>109</u> ; 100.	
1988	Chromosome Ab	errations Littlefield, L.G., Int. J. Radiat. Biol. <u>53</u> ; 875.	
1995	5 DNA double strand breaks – α particles deLara, C.M. et.al., Radiat. Res. <u>144</u> ; 43.		
2000	Cell killing from ¹	²⁵ I decays Walicka, M.A. Radiat. Res. <u>154</u> ; 326.	
2001	Genomic Instabil	ity Limoli, C.L. et al. Free Radic Biol Med.31; 10.	

Conclusions of authors:

65 % of most biological effects are caused by *OH radicals

½ maximum protection is provided by 0.13M DMSO

*OH radicals cause base damage and strand breaks in DNA.

Other evidence suggests the unimportance of OH Radicals

- Treatment with H₂O₂ does not kill cells
 (Ward, Blakely and Joner, Radiat Res. 103:383-92).
- High endogenous levels of oxidized sites are present in intracellular DNA (equivalent to that from ≈ 2.4 - 48 Gy).
 Collins et al. Arch Biochem Biophys. 423 57-65
- α-particles produce a lower yield of 'OHs than γ-rays, but are more effective in killing cells (Objection raised by T. Alper).

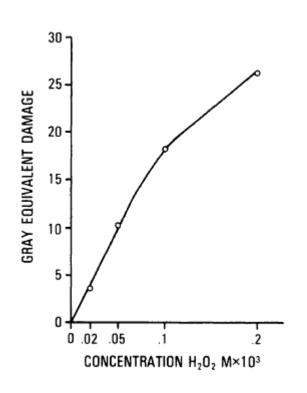
Hydrogen Peroxide causes Hydroxyl radical damage

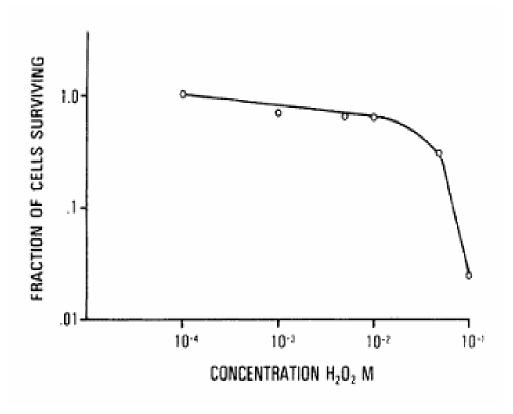
$$Fe^{2+} + H_2O_2 \rightarrow Fe^{3+} + {}^{\bullet}OH + OH^-$$
(Fenton's reagent, Haber and Weiss suggested the reaction)

The Fe²⁺ is assumed to be serendipitously bound to DNA!

Single Strand Breaks and Cell Killing by Hydrogen Peroxide.

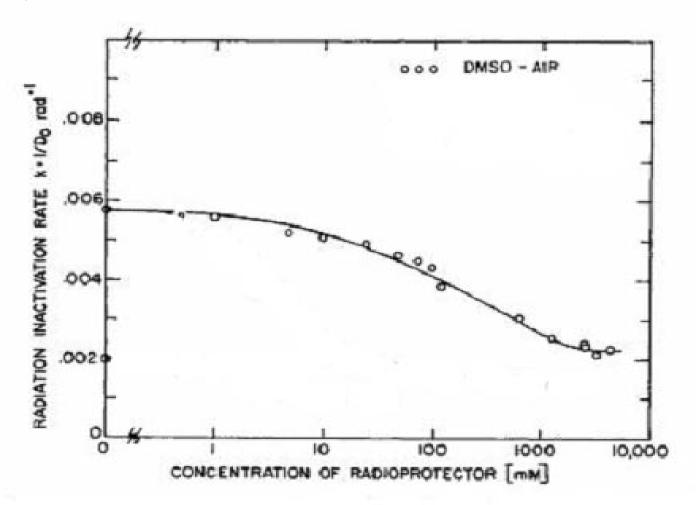
Ward, Blakely and Joner, Radiation Res. 103, 383





The scavenger data tell us more!

e.g. those of J.D. Chapman et al. Radiat. Res. 56; 291-306.



Life Time of OH radicals in mammalian cells

Fraction of 'OHs reacting with target =
$$\frac{k_1[RH][OH]}{k_1[RH][OH] + k_2[DMSO][OH]}$$

When the amount of scavengeable damage is reduced by a factor of 2,

$$k_1[RH][OH] = k_2[DMSO][OH],$$

Thus, the half life of the 'OH radical in its reactions with DNA intracellularly can be determined:

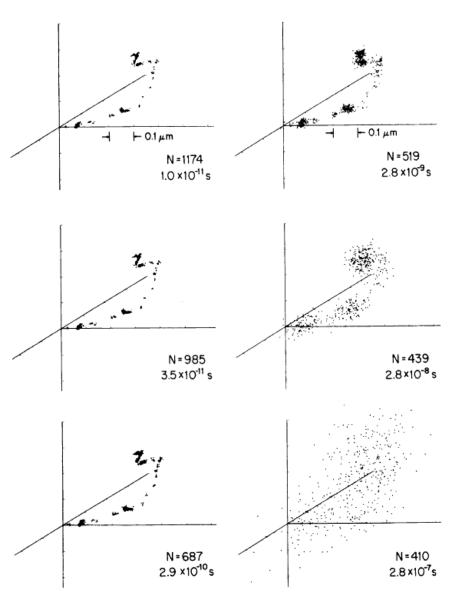
$$t_{1/2} = \ln 2 / k_2 [DMSO]$$

So that if
$$[DMSO]_{1/2} = 0.13 \text{ M}$$
 and $k_2 = 6.5 \times 10^9 \text{ LM}^{-1} \text{s}^{-1}$

$$t_{1/2} = 8.2 \text{ x} 10^{-10} \text{ s}$$

Evolution of an electron track

J.E. Turner et al. Radiat. Res. 96; 437.



Progression of reactive intermediates formed after deposition of radiation energy.

Changes in location and numbers as a function of time.

Dots: reactive species

N: Number present

Cellular scavenging ~ 8 x 10⁻¹⁰ s

<u>Distance Hydroxyl radicals move before reacting in</u> <u>mammalian cells</u>

The diffusion of a particle in 3 dimensions is $2.45 \, [Dt]^{0.5}$ (ref 1)

For OH, D, the diffusion constant = $2 \times 10^{-5} \text{ cm}^2 \text{ s}^{-1}$ (ref 2)

Mean distance 'OH moves in mammalian cell before reacting with DNA is:

2.45 [2x10⁻⁵ x 8.2 x 10⁻¹⁰]^{0.5} cm

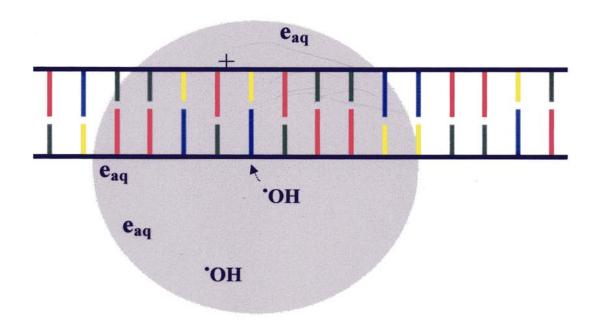
= ~3 nm.

- 1. A. Einstein, Investigations on the Theory of Brownian Movement, ed. R. Fürth, translated by A.D. Cowper (1926, reprinted 1956); Einstein, Collected Papers, vol. 2, 170-82, 206-22
- 2. J.E.Turner Atoms, Radiation, and Radiation Protection, 2nd ed. New York: Wiley-Interscience, 1995. Table 13.2)

Radiation Chemical Concepts of early distributions of radicals

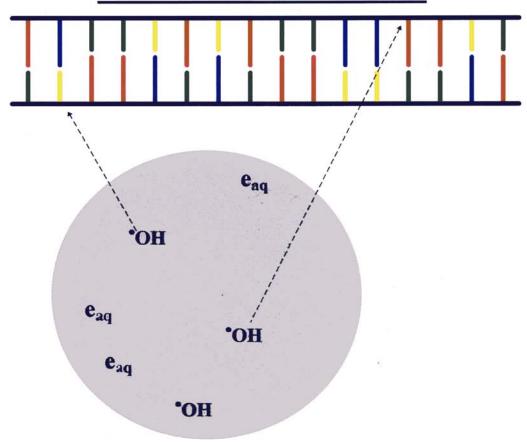
Entity	Energy	Size	Energy (%)	Events (%)
Spur	<100eV	4nm (diam.)	80	95
Blob	<500eV	7nm (diam.)	20	5
Short tracks	500-5,000eV			
DNA		2mm (diam)		
nucleosome		5.7nm thick		

Average Energy Deposition Event and DNA



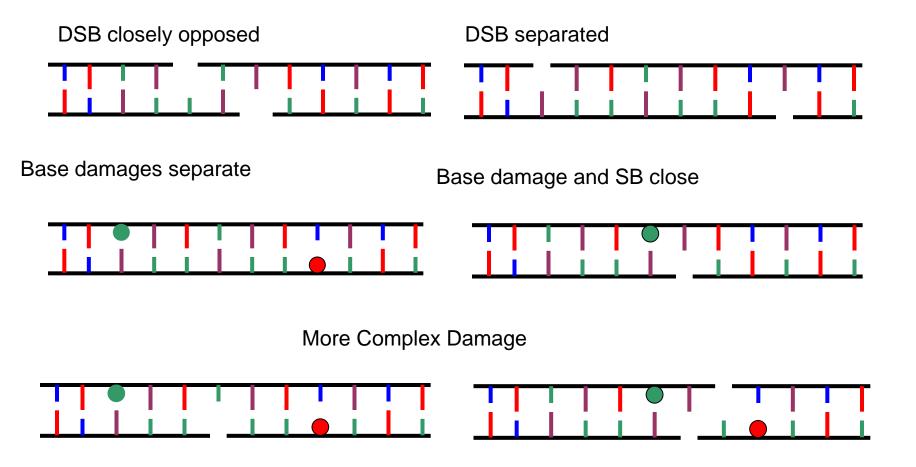


Diffusion of Radicals to DNA





Examples of Multiply damaged sites



Locally **M**ultiply Damage Sites

Combination Lesions **U**nderlying Single Track

Event

Radiation

Signatures

Relative LMDS Frequencies in DNA in Solution

J.R. Milligan et al. Int. J. Radiat. Biol. <u>76</u> 1475-1483

Locally Multiply Damaged Site	Percent total LMDS	
DSB	20	
Oxy-purine complex	33	
Oxy-pyrimidine complex	46	

Enzymes used to cut at base damaged sites, formamidopyrimidine glycosylase (oxy-purine) and endonuclease III (oxypyrimidine) can be inhibited by neighboring damage. Therefore the yields of base damaged sites are probably higher.

Relative LMDS Frequencies in Human Cells

B. Sutherland et al. Radiat. Res. <u>157</u>, 611–616

Locally Multiply Damaged Site	% Total
DSB	27.5
Oxy-purine complex	27.8
Oxy-pyrimidine complex	24.7
Abasic site complex	20

Note: Values are approximate since there are cross-sensitivities to the enzymes, and, cutting by the enzymes is inhibited by proximal damage (e.g. Weinfeld M. et al. Radiat Res. <u>156</u> 584-9)

Variables of Multiply Damaged Sites

Size - distance over which damage spread

Complexity - numbers of damages per site

Composition – variety of base damages and SSB

DSB production by alternate method

Limoli and Ward Radiat. Res. <u>134</u> 160-9.

DNA labeled with 5-bromouracil.

DNA loaded with Hoechst dye 33258.

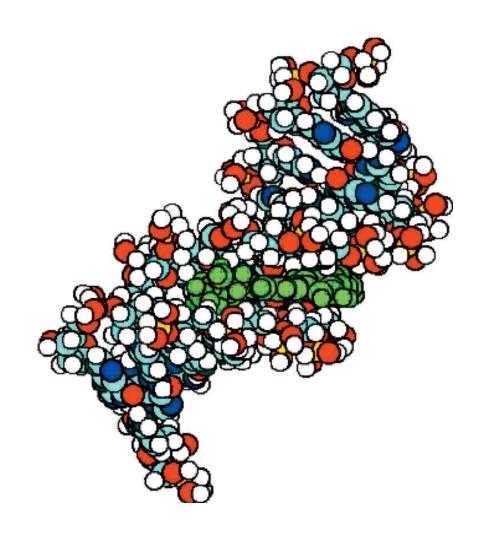
Exposed to UVA light; 360 nm (3.4 eV).

Measure DSBs and cell killing.

Hoechst 33258 binding to DNA

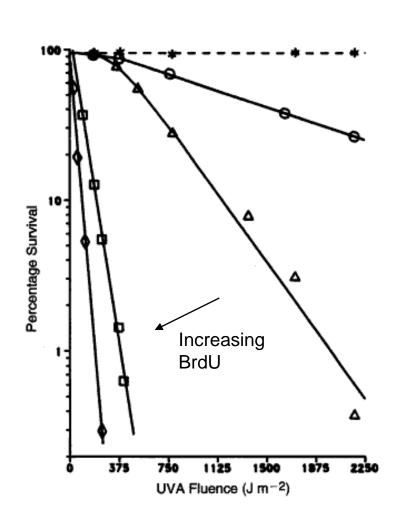
Kakkar et al. J. Biomolec. Struct. & Dynam. 23, 37

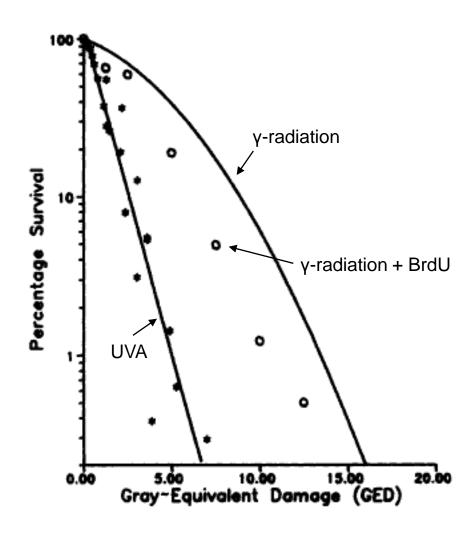
The Hoechst 33258-DNA complex. The drug molecule is shown highlighted in green.



DSB produced by photolysis (Dye, BrdU, UVA)

Limoli and Ward Radiat Res. 138 312.

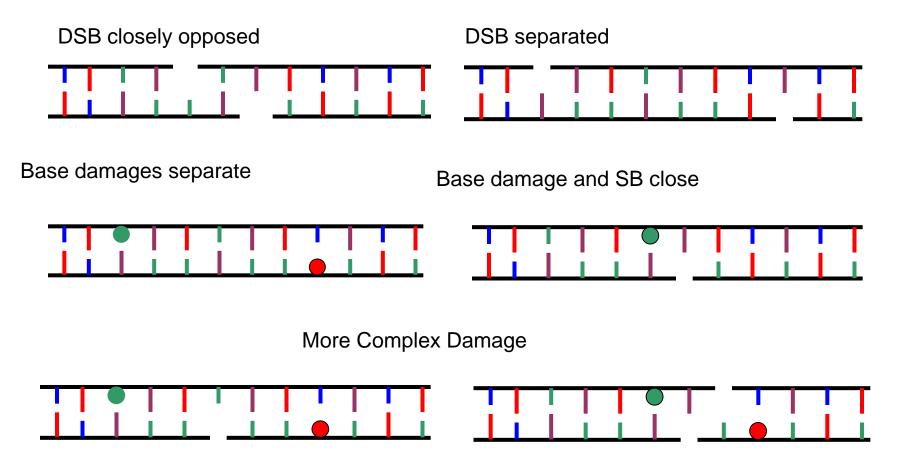




Conclusions from photolysis experiment

- DSBs can be produced by agents other than ionizing radiation.
- Not all DSBs are equally effective in killing cells.
- DSBs which are more closely opposed are more lethal.
- Some ionizing radiation induced DSBs are non-lethal.

Examples of Multiply damaged sites



Potential Consequences of DSBs

A. Repair Base sequence unchanged

B. Rejoining Base sequence incorrect

C. Joining/Misrepair Deletion

D. Non-rejoining Deletion

DSB and mutations

HPRT gene in hamsters is 36 thousand base pairs (kbp) in length

The coding region of 648 bp are in 9 exons



Double strand break in an exon can lead to a point mutation.

Yields of HPRT point mutations and DSBs

Yield of point mutations = $8 \text{ per } 10^6 \text{ cells per } 2 \text{ Gy.}$

(T. Morgan et al. Mutat Res. <u>232</u> 171)

Size of exon 648 base pairs

Total DNA in exons in 10^6 cells = 6.48×10^8 base pairs

Yield of DSB is 5.8 x 10⁻³ per Gy per 10⁶ base pair (M. Löbrich et al. P.N.A.S. <u>92</u> 12050)

2 Gy causes 5.8 x 10⁻³ x 6.48 x 10² DSB in target exons

= 8 DSB in target exons

Do all DSBs in exons yield point mutations?

The yield of mutation is equal to the yield of DSBs. But DSBs with distant SSBs would be expected to be accurately repaired.

Other damage, i.e., LMDS in which base damage is present, are present in several fold higher in yield.

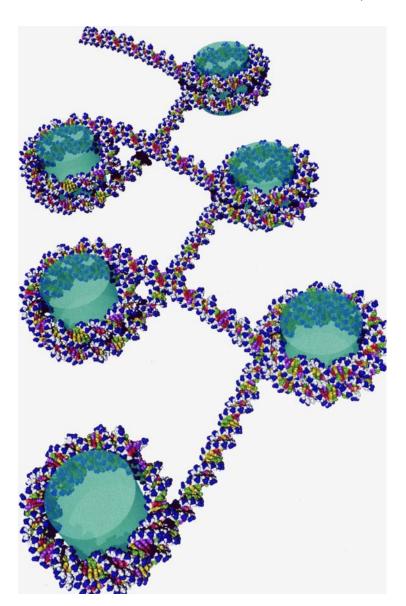
Repair and rejoining of this latter kind of damage could also lead to a point mutations.

How do we measure DSBs?

- a. Measurements of DSBs are carried out after stripping away all other cellular material.
 - Such material (e.g. nucleosomes) may act to hold the ends of DSBs in register enabling their rejoining.
- b. Removing DNA from cell may also break hydrogen bonded base pairs in between SSBs on opposite strands.
 - The hydrogen bonding could serve to hold the ends together favoring fast rejoining.
- c. DSBs measured by these means are greater than the yields existing in cells.
- d. Yields measured by biochemical methods (Pulse field gel electrophoresis, Elution, Centrifugation, etc.) are 37 per cell, but *in situ* by premature chromosome condensation (PCC) are 4-6 per cell.
 - Cornforth M. p. 563 in "DNA Damage and Repair" (ed. Nickoloff and Hoekstra) Humana Press.

DNA and nucleosomes

Friedland, W. et al.Rad. Res 150 170-182



Chromatin fiber with zigzag structure.

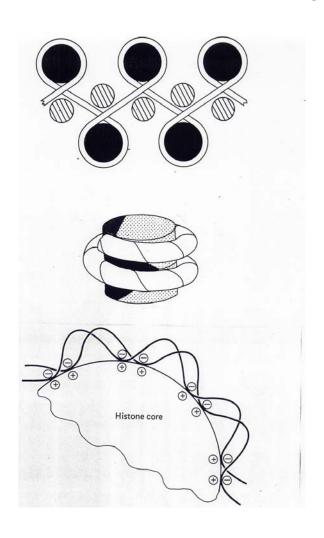
Blue: phosphate groups; white: sugar group atoms; green, yellow, red, violet; base atoms of adenine, guanine, cytosine and thymine, respectively; turqoise; histones

The attraction between DNA (polyanion) and the multiple positive charges on the histones can serve to keep the two ends of a DSB in register, aiding correct rejoining.

Breaks occurring in the linker region may not be so stabilized and may be more prone to separate from their partner end.

Nucleohistone packaging

From: K.E. van Holde, Chromatin, Springer Verlag.



Three types of DSB

- 1. In the linker region the ends readily separate.
- 2. Held together by holding the ends in register on histones.
- 3. Held together by hydrogen bonding between complementary bases.

._____

Biophysical DSB measurement techniques detect all three types.

Within the cell 1,2, and 3 can have different outcomes.

DSB rejoining

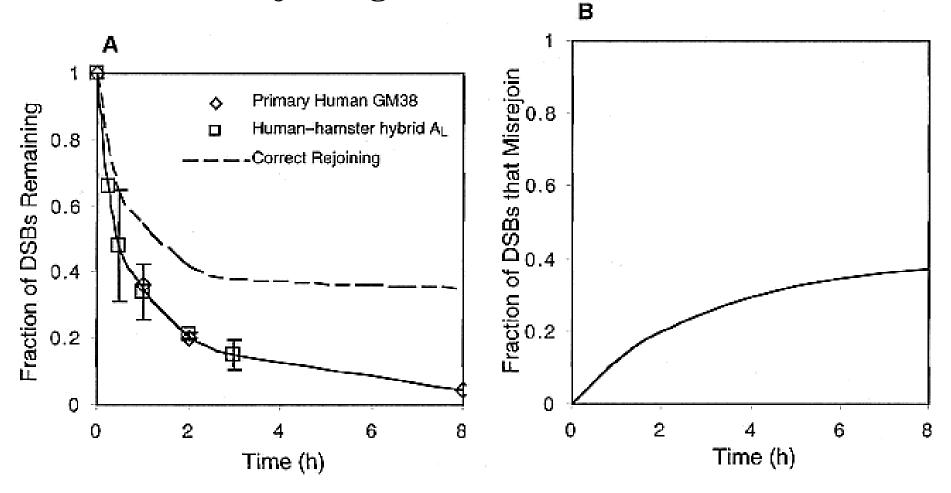


FIG. 4. Total rejoining of radiation-induced DSBs after 80 Gy X irradiation. DSB rejoining in G_1 -phase A_L cells and G_0 GM38 cells (panel A) was determined by employing a standard pulsed-field gel electrophoresis assay 38) in which the fraction of DNA released from the well is used as an indicator of the relative number of DSBs present in the sample.

Fouladi et al. Radiat. Res. 150, 619-26.

What has been learned from in vivo chemistry

- a. OH Radicals have short lives and travel short distances.
- a. OH Radicals react close to where they are produced.
- The clusters of ionization from radiation give rise to multiply damaged sites.
- a. There is a variety of types of MDS.
- a. All DSBs are not alike.

Damage produced by 1 Gray

- 1,000 single strand breaks
- 3,000 damaged bases
- 37 double strand breaks (measured by harsh techniques)
- 5 actual double strand breaks (mild techniques)
- 190 multiply damaged sites (harsh techniques)

In contrast, UV damage

In skin cells, <u>sun</u> exposure at an altitude of 600m. produces thymine dimers in yield equivalent to 14 Jm⁻² s⁻¹ of 253.7 nm light *Klocker et al., Eur. J. Biochem* <u>142</u>, 313.

This corresponds to a thymine dimer yield of

 1.2×10^6 per cell per hr.

Ward, Radiat. Res. <u>152</u> 104.

Cell Killing: Number of DNA lesions present at 37% Survival

Agent	DNA lesion	<u>Number</u>
Ionizing	SSB	1,000
Radiation	DSB	40
	DPC	440
Bleomycin	SSB	150
	DSB	30
UV light	<t-t> dimer</t-t>	400,000
Hydrogen Peroxide (OH)	SSB	2,600,000
Aflatoxin	Adduct	10,000
1-Nitropyrene	Adduct	400,000
Benz[α] pyrene 4,5-oxide	Adduct	100,000
2-(N-Acetoxy-N-acetyl)		
amino fluorine	Adduct	700,000
Methylnitrosourea	Guanine alterations	~1,000,000

Some Numbers

In a cell, a dose rate of 1mGray per year produces 1 Actual DSB (PCC) every 185 years

- 1 DSB every 25 years
- 1 SSB per year
- 1 base damage every 4 months
- 1 LMDS every 2.5 years

Human body has 10¹⁴ cells, a dose rate of 1mGray per year produces in 1 second

- 2.5 x 10⁶ Actual DSB
- $1.9 \times 10^7 \text{ DSB}$
- $4.8 \times 10^8 \text{ SSB}$
- 1.4 x 10⁹ base damage
- $1.9 \times 10^{8} \text{ LMDS}$

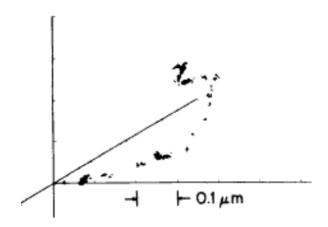
[Abkowitz et al. Blood 100, 2665

Number of pluripotent hematopoietic stem cells per human $\sim 1.12 \times 10^4 - 2.24 \times 10^4$

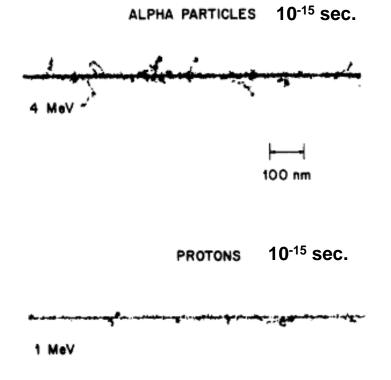
[?] Calculate # of DSBs per dose.

Comparison of radical distribution from alphas and protons with that of electrons

ELECTRONS 10⁻¹¹ sec.



J.E. Turner et al. Radiat. Res. 96, 437



Hamm et al. Radiat. Res. 104, Suppl. 8, s20.

Other Paradigms of Radiation Action

Apoptosis

Bystander Effect

Chromosome Instability

Death Inducing Effect

Gene Induction

Low Dose Hypersensitivity

Protein Mobilization

From: The Breakdown of Desoxyribonucleic acid under Deuteron and Electron Bombardment.

C.L. Smith Arch Biochem. Biophys. 46. 12-17

Equivocation

"The assumption made is plausible and perhaps not too improbable

and is possibly true in essence if not in detail. It has not, however, yet

been confirmed by experiment."